



A Recipe from Know Gluten

Gluten Free Cheese Grits

Ingredients:

- 2 cups broth
- 2 cups milk
- 1 1/2 cup quick cooking grits
- 1 cup Grated sharp cheddar + 1/4 cup to top (optional)
- 1/4 cup Parmesan cheese
- 1T butter (optional)
- Salt and pepper to taste

Directions:

1. Boil broth and milk.
2. Stir in grits and cook according to package directions.
3. When cooked, stir in grated cheese.
4. Salt and pepper to taste.
5. If desired, spoon into a baking pan, top with remainder of cheese and bake at 350F until cheese is melted.