

# Tilapia Lettuce Wraps With Green Apple Dressing

## Ingredients:

- 1/2 cup flaked cold tilapia
- 2-3T mayonnaise
- 3T diced green apple
- 3T diced sweet onion
- 1T apple cider vinegar
- 1-2tsp sugar or honey
- Salt to taste
- Romaine lettuce leaves
- Thin green apple slices

## Directions:

1. Combine mayo, vinegar, sugar, onions and diced green apple in a bowl.
2. Add fish and mix gently with a fork until completely combined
3. Spoon fish mixture into lettuce leaves and garnish with apple slices
4. Enjoy.

Alternative: serve fish mixture over a bed of lettuce and garnish with apple slices.