



A Recipe from Know Gluten

Easy Gluten Free Crock-Pot Caramel Sauce

Ingredients:

- 1 14oz can sweetened condensed milk

Directions:

1. Pour sweetened condensed milk into a 1 pint (16 oz, 2 cups, 500ml) sized Mason jar.
2. Place Mason jar in Crock-Pot.
3. Fill bowl of Crock-Pot with hot water so it comes about half way up the Mason jar.
4. Cook on high for 3-4 hours or low for 6-8 hours.