



A Recipe from KnowGluten.me

Gluten Free Black Olive and Feta Appetizer Puffs

Ingredients:

- 1 egg
- 1/4 cup melted butter
- 2/3 cup water
- 2 c tapioca starch
- 1/2 cup cheese (queso fresco or Parmesan)
- 1/2 tsp salt (omit if using Parmesan)
- Sliced Black Olives
- 1/4 cup Feta cheese
- 1 green onion thinly sliced

Directions:

1. Blend all ingredients except olives, Feta and green onions in a blender.
2. Spoon into greased mini-muffin tins.
3. Top each puff with an olive slice, a few pieces of green onion and a sprinkle of feta.
4. Bake at 400F for 20 mins.