



*A Recipe from KnowGluten.me*

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## Purple Super Juice

### Ingredients:

- 1 large broccoli head
- 2 celery stalks
- 2 carrots, peeled
- 1/2 large beet, peeled
- 4 apples
- 1 large piece of ginger

### Directions:

1. Juice all according to your juicer's directions.
2. Chill for best taste.