



A Recipe from KnowGluten.me

Purple Super Juice

Ingredients:

- 1 large broccoli head
- 2 celery stalks
- 2 carrots, peeled
- 1/2 large beet, peeled
- 4 apples
- 1 large piece of ginger

Directions:

1. Juice all according to your juicer's directions.
2. Chill for best taste.